

LAKEMBA

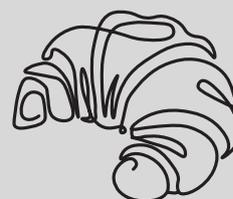
Café Menu

AVAILABLE EVERY DAY | 10AM - LATE

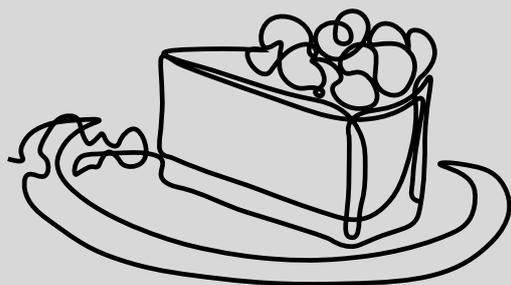
LIGHT MEALS

	Member	Visitor		Member	Visitor
Sweet Chilli Chicken Tenders <i>served with chips</i>	15	18.8	Gourmet Sausage Roll	5	6.3
Mozzarella Sticks (4pcs) <i>served with tomato sauce</i>	8	10	Classic Meat Pie	6.5	8.2
Battered Flathead <i>served with chips</i>	16	20	Potato Wedges <i>served with sour cream & sweet chilli sauce</i>	8	10
Vegetarian Spring Rolls (4pcs) <i>served with sweet chilli sauce</i>	8	10	Hot Chips <i>served with tomato sauce</i>	7	8.8
			Red Rock Chips	3	3.8

Grab & Go



**Chef's selection of club favourite Sweets, Daily Fresh Pastries and Packed Healthy Goods:
See display window to choose from**

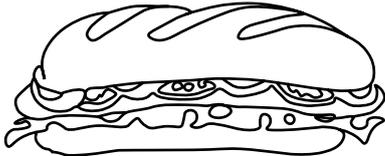


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GOURMET SANDWICHES

	Member	Visitor		Member	Visitor
Assorted Packed Sandwiches	7	8.8	Build your own Sandwich	14	17.5
Chef's Daily Selection	14	17.5	<ul style="list-style-type: none"> choose 1: ham, chicken breast, tuna, chicken schnitzel choose 3: lettuce, tomato, cucumber, avocado, beetroot, tasty cheese, swiss cheese choose 1: mayonnaise, seeded mustard, dijon mustard 		
<i>choose from a selection of fresh gourmet sandwich and wraps</i>			<i>Change to Turkish bread</i>	1.5	1.9
			<i>Add chips with any sandwich</i>	3	3.8
			<i>Add side of salad</i>	3	3.8

BEVERAGES

	Member	Visitor		Member	Visitor
Cappuccino	4	5	Tea	4	5
Flat White	4	5	Chai Latte	4	5
Long Black	4	5	Hot Chocolate	4.3	5.4
Short Black	4	5	Milkshake	4.8	6
Macchiato	3.7	4.7	Iced Coffee	5.8	7.3
Latte	4	5	Iced Chocolate	5.8	7.3
Mocha	4.3	5.4	Baby Chino	1	1.3

EXTRAS

	Member	Visitor		Member	Visitor
Extra Shot	0.5	0.7	Hot Milk	2.5	3.2
Soy Milk or Almond Milk, Syrup	0.5	0.7	Cold Milk	2	2.5
			Served in a Mug	0.7	0.9

