LAKEMBA
Café Menu

AVAILABLE EVERY DAY | 10AM – LATE

LIGHT MEALS

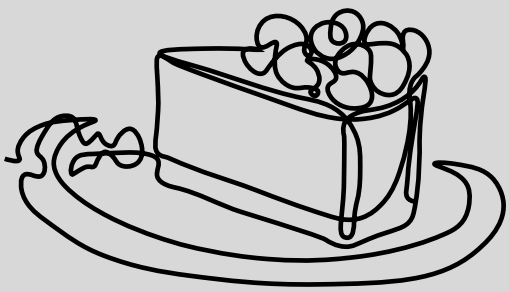
	Member	Visitor
Sweet Chilli Chicken Tenders *served with chips*	**15**	18.8
Mozzarella Sticks (6pcs) *served with tomato sauce*	**8**	10
Battered Flathead *served with chips*	**16**	20
Vegetarian Spring Rolls (4pcs) *served with sweet chilli sauce*	**8**	10

	Member	Visitor
Gourmet Sausage Roll	**5**	6.3
Classic Meat Pie	**6.5**	8.2
Potato Wedges *served with sour cream & sweet chilli sauce*	**8**	10
Hot Chips *served with tomato sauce*	**7**	8.8
Red Rock Chips	**3**	3.8

Grab & Go



Chef's selection of club favourite Sweets, Daily Fresh Pastries and Packed Healthy Goods:
See display window to choose from





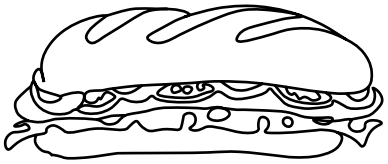
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GOURMET SANDWICHES

	Member	Visitor
Assorted Packed Sandwiches	**7**	8.8
Chef's Daily Selection	**14**	17.5

choose from a selection of fresh gourmet sandwich and wraps



	Member	Visitor
Build your own Sandwich	**14**	17.5

- *choose 1: ham, chicken breast, tuna, chicken schnitzel*
- *choose 3: lettuce, tomato, cucumber, avocado, beetroot, tasty cheese, swiss cheese*
- *choose 1: mayonnaise, seeded mustard, dijon mustard*

	Member	Visitor
Change to Turkish bread	**1.5**	1.9
Add chips with any sandwich	**3**	3.8
Add side of salad	**3**	3.8

BEVERAGES

	Member	Visitor
Cappuccino	**4**	5
Flat White	**4**	5
Long Black	**4**	5
Short Black	**4**	5
Macchiato	**3.7**	4.7
Latte	**4**	5
Mocha	**4.3**	5.4



	Member	Visitor
Tea	**4**	5
Chai Latte	**4**	5
Hot Chocolate	**4.3**	5.4
Milkshake	**4.8**	6
Iced Coffee	**5.8**	7.3
Iced Chocolate	**5.8**	7.3
Baby Chino	**1**	1.3

EXTRAS

	Member	Visitor
Extra Shot	**0.5**	0.7
Soy Milk or Almond Milk, Syrup	**0.5**	0.7

	Member	Visitor
Hot Milk	**2.5**	3.2
Cold Milk	**2**	2.5
Served in a Mug	**0.7**	0.9

